

Counseling Services of Addison County: Transforming Stress and Building Resilience



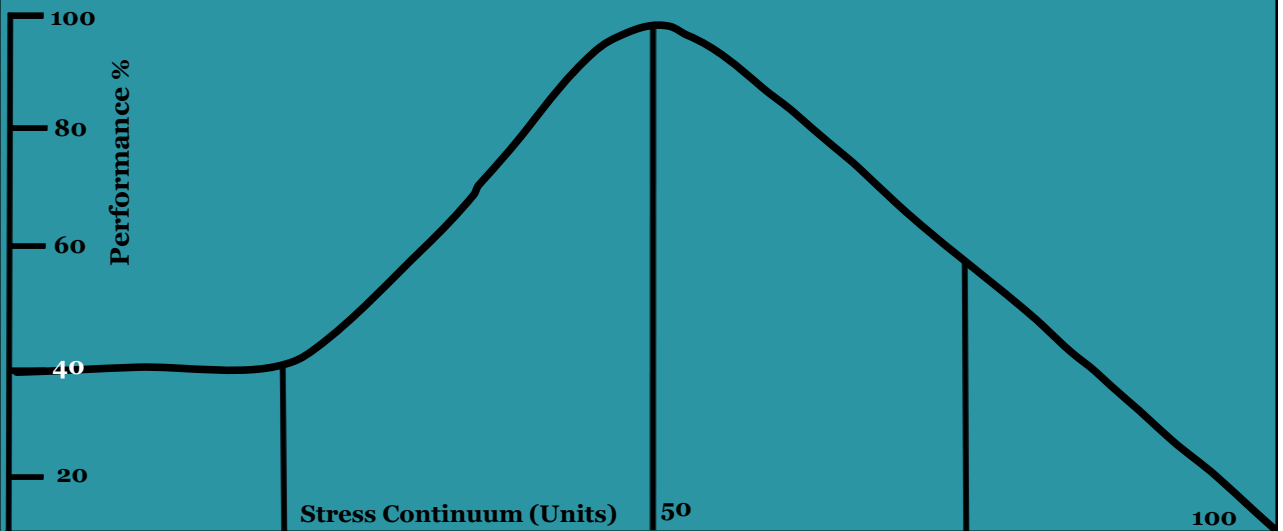
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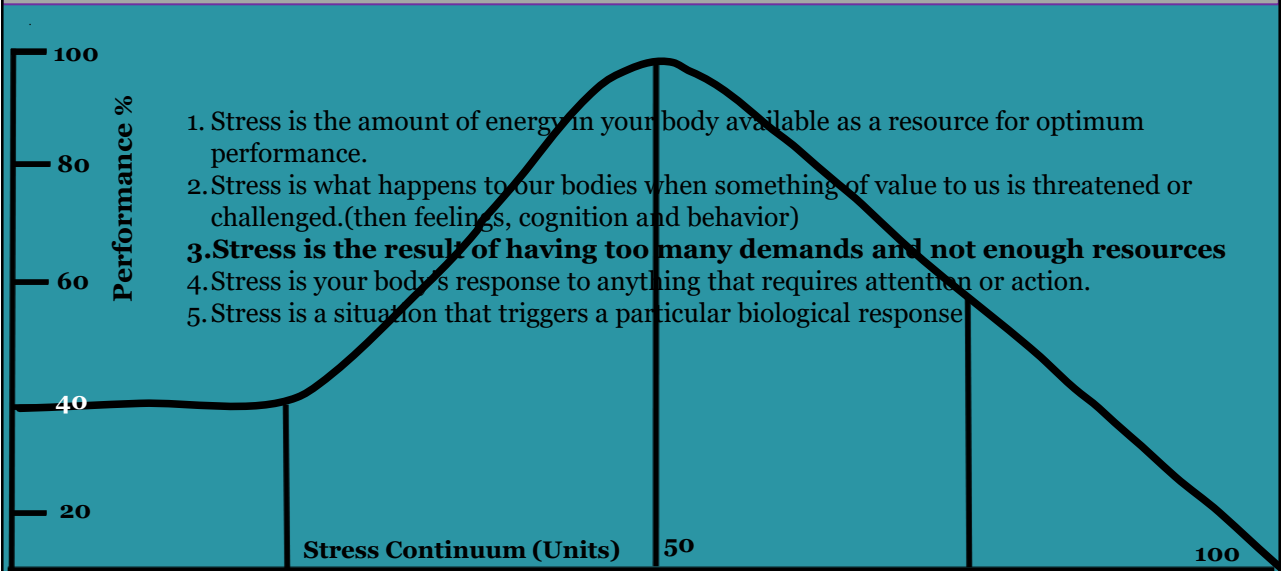
Stress Response System: Typical or Average Person



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Stress Response System: What is Stress?

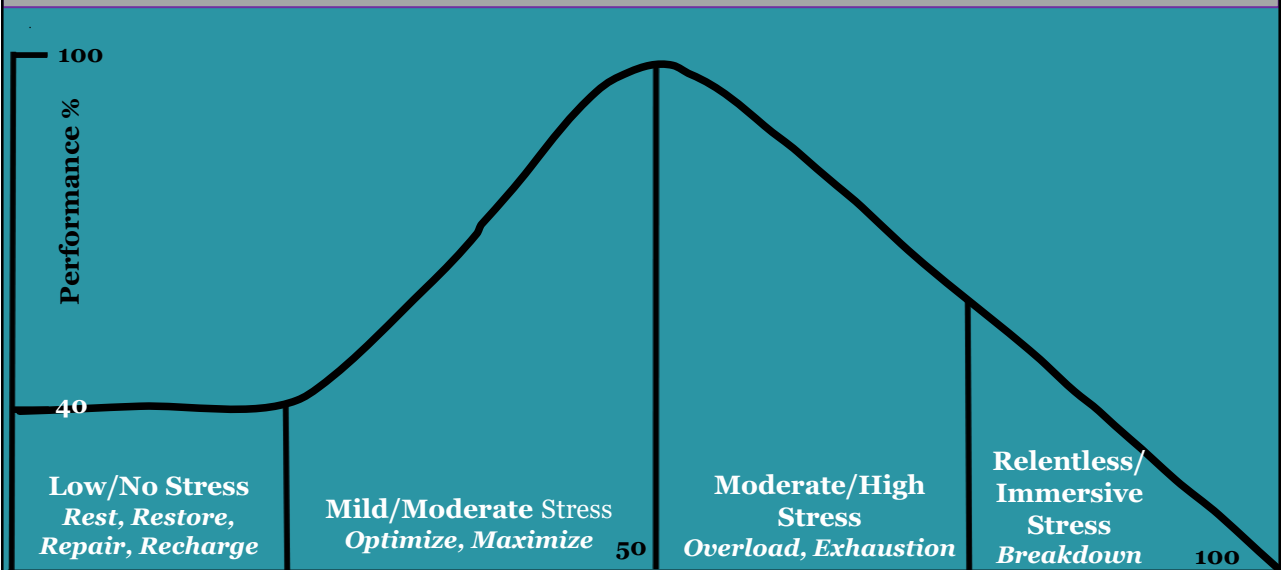


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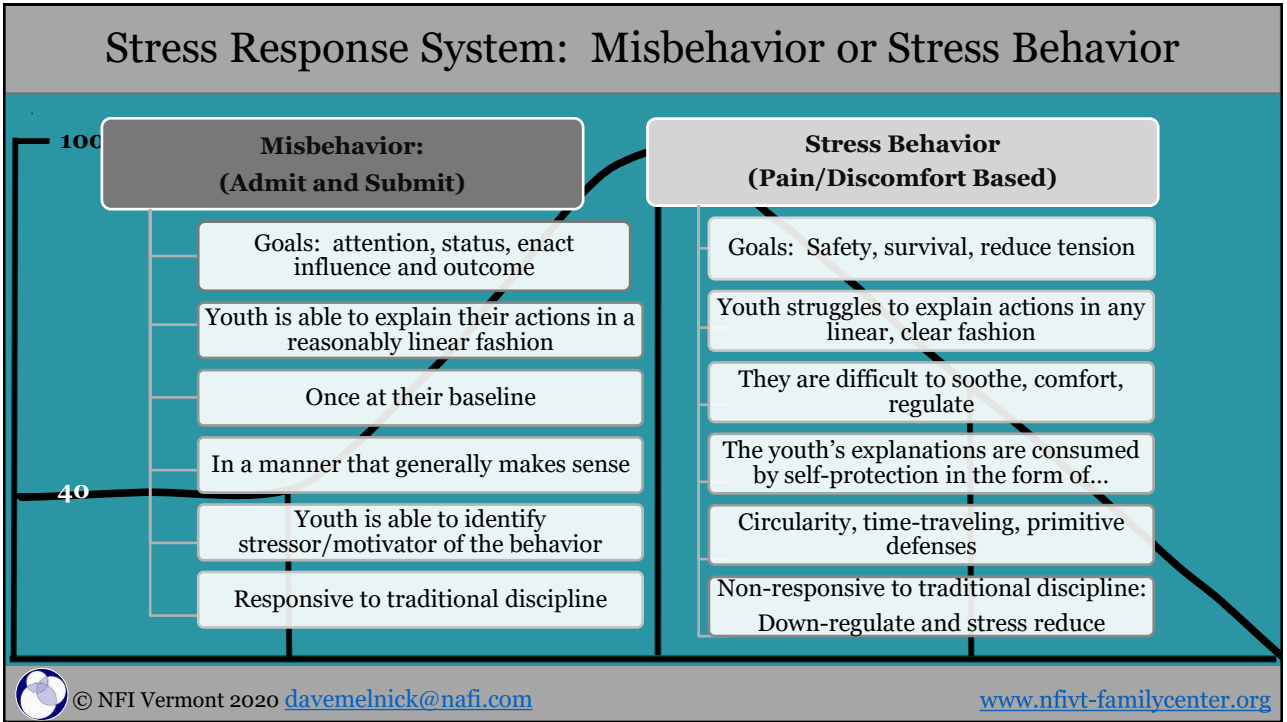
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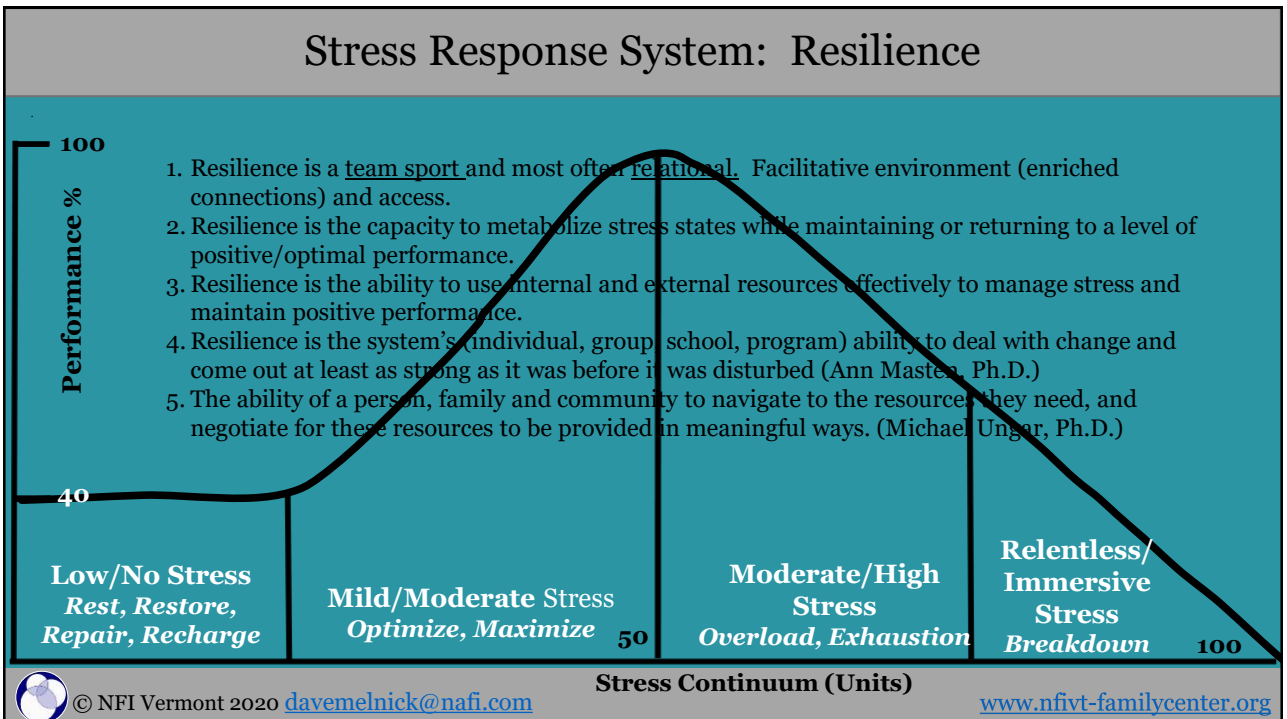
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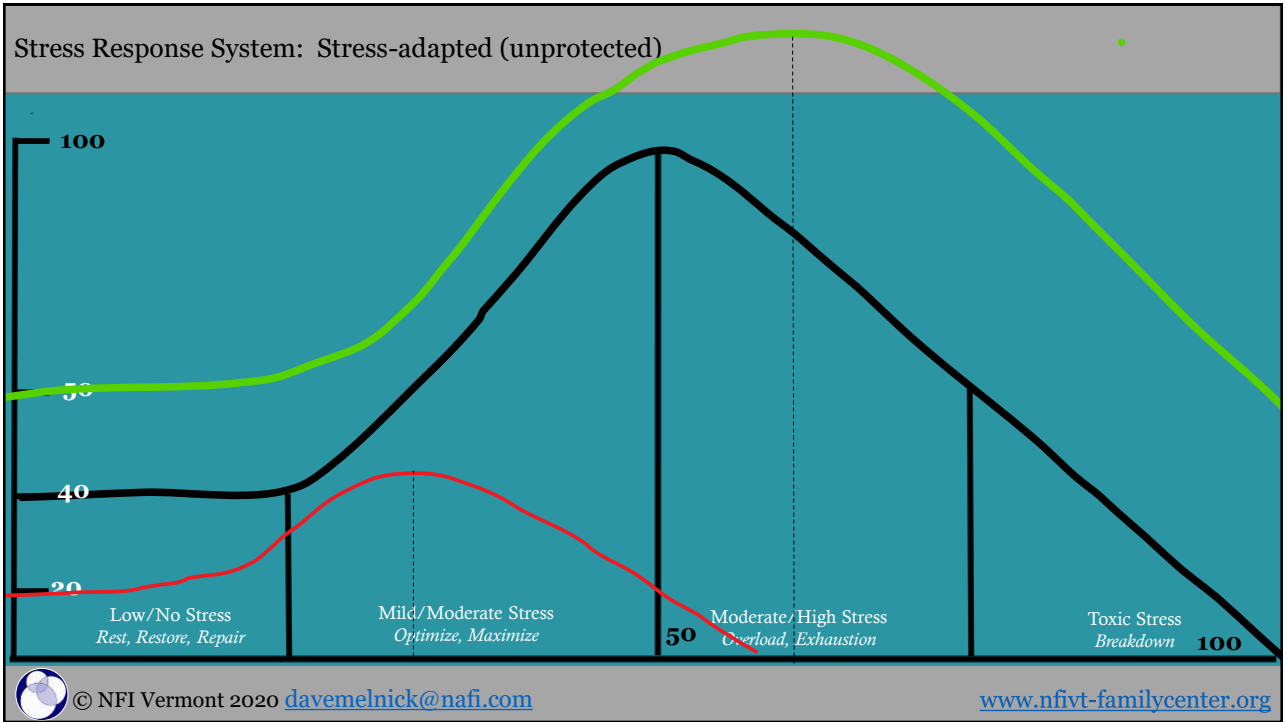
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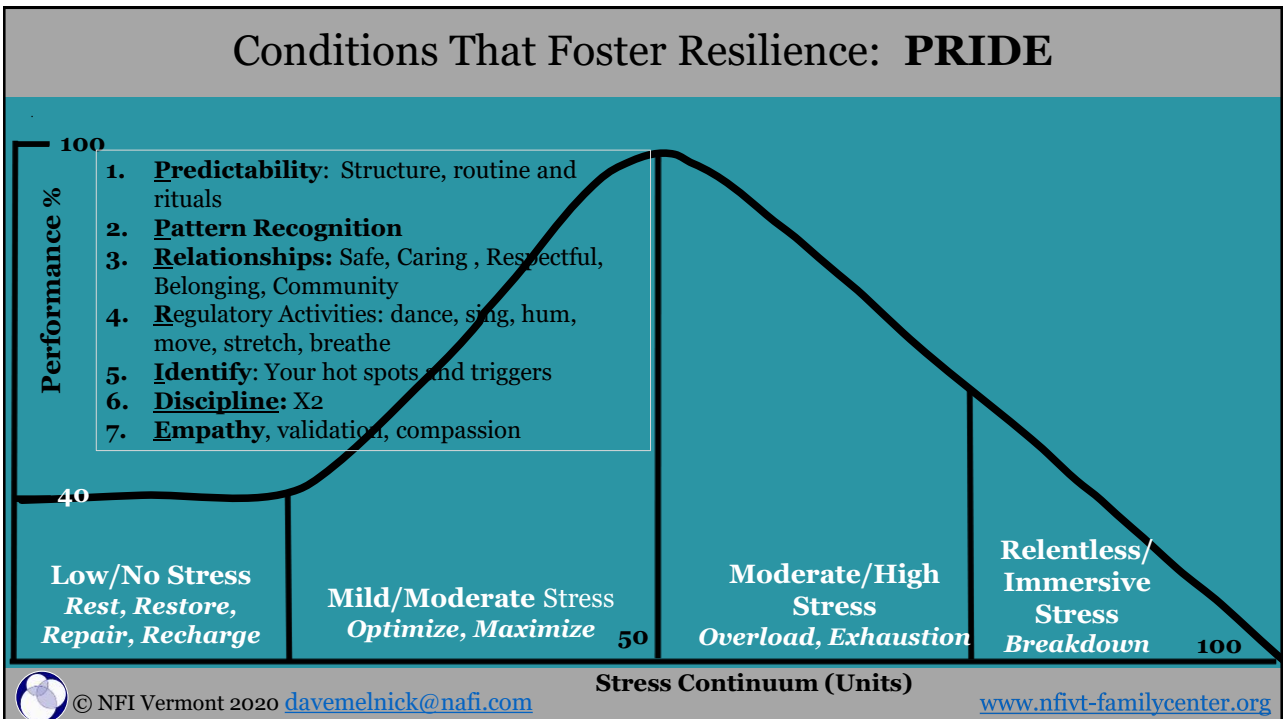
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